**June 2020 – GYM SCHEDULE**

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| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  | 1  Core de Force: 6:00-6:45 PM | 2  Silver Sneakers: 9:30-10:30 AM  Upper Body Blast: 12:00-1:00 PM  Zumba: 6:00-7:00 PM | 3  Y-Fit: 5:15-6:00 PM  PIYO: 7:15-8:00 PM | 4  Lower Body Blast: 12:00-1:00 PM | 5 | 6  **Zumba:** 8:45-9:45 AM |
| 7 | 8  Core de Force: 6:00-6:45 PM | 9  Silver Sneakers: 9:30-10:30 AM  Upper Body Blast: 12:00-1:00 PM  Zumba: 6:00-7:00 PM | 10  Y-Fit: 5:15-6:00 PM  PIYO: 7:15-8:00 PM | 11  Lower Body Blast: 12:00-1:00 PM | 12 | 13  **Zumba:** 8:45-9:45 AM |
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