

# May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 5:00-6:00 D. Wright ½ 6:00-6:45 Core De Force 7:00-9:00 D. Wright ½	<b>2</b> 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>3</b> 4:00-6:00 D. Wright ½ 6:00-7:00 T. Cole	<b>4</b> 9:00-2:00 D. Wright 1/2
<b>5</b>	<b>6</b> 4:00-4:45 D. Callahan 6:00-6:45 Core-De-Force 7:00-9:00 D. Wright ½	<b>7</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>8</b> 4:00-4:45 D. Callahan 6:00-6:45 Core-De-Force 7:00-9:00 D. Wright ½	<b>9</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>10</b> 4:00-5:30 D. Wright ½ 6:00-7:00 T. Cole	<b>11</b> 9:00-2:00 D. Wright 1/2
<b>12</b>	<b>13</b> 4:00-4:45 D. Callahan 6:00-6:45 Core-De-Force 7:00-9:00 D. Wright ½	<b>14</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>15</b> 4:00-4:45 D. Callahan 6:00-6:45 Core-De-Force 7:00-9:00 D. Wright ½	<b>16</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>17</b> 4:00-6:00 D. Wright 1/2	<b>18</b> 9:00-2:00 D. Wright ½ 2:00-4:00 T. Cole
<b>19</b>	<b>20</b> 4:00-4:45 D. Callahan 6:00-6:45 Core-De-Force 7:00-9:00 D. Wright ½	<b>21</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>22</b> 4:00-4:45 D. Callahan 6:00-6:45 Core-De-Force 7:00-9:00 D. Wright ½	<b>23</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>24</b> 4:00-6:00 D. Wright 1/2	<b>25</b> 9:00-2:00 D. Wright 1/2
<b>26</b>	<b>27</b> MEMORIAL DAY	<b>28</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>29</b> 4:00-4:45 D. Callahan 6:00-6:45 Core-De-Force 7:00-9:00 D. Wright ½	<b>30</b> 11:00-1:00 Lunch Bunch 4:00-7:00 D. Wright ½ 7:00-8:30 T. Cole	<b>31</b> 4:00-6:00 D. Wright ½ 6:00-7:00 T. Cole (??)	